



Everyone needs help sometimes.

Financial Supports

- Credit Help—1-888-294-0076
- Debt Crisis Line—1-855-827-1847
- Credit Counselling Society— 1-888-527-8999
- Alberta Supports—Income Supp.— 780-624-6135
- Taxi Pass Program—Peace River FCSS—Subsidized Transportation for low income Peace River residents 780-624-1000
- FREE Income Tax Filing-Seniors/Low Income—Peace River FCSS— 780-624-1000 (Feb-Mar)
- AISH Office—780-624-6135
- Emergency food, medications, dental, shelter, transportation (for non AISH) — 1-866-644-5135
- Youth Scholarships—Baytex Energy Centre - 780-624-3204
- Rupertsland Institute— 780-624-0703
- Money Mentors—debt, credit, support—1-888-294-0076

Mental Wellness

- National Suicide Crisis Line— 1-833-456-4566 or Text 45645
- Help Line— 1-877-303-2642
- Distress Line—1-877-321-2747
- Health Link-811
- Suicide Crisis Helpline—988
- Alberta 211 Dial 2-1-1 to find support services in your area
- 24-Hour Child Abuse Hotline— 1-800-387-5437 (KIDS)
- Hope for Wellness Helpline 24/7— 1-855-242-3310
- Alberta Health Services, Addictions and Mental Health—Drop-In, appointments, referrals— 780-624-6151
- Beyond the Heart Clubhouse— A safe space to connect and recover from Mental Illness - 780-624-3161
- Mental Health Capacity Building Program (Project PEACE) - For youth in school - 780-624-3650
- North Peace—Resource Centre for Suicide Prevention 1-825-238-0038
- Togetherall.com—Online supports

Physical Wellness

- Emergencies—911
- Health Link-811
- Peace River Hospital-780-624-7500
- Sunrise Medical Centre— 780-624-2581
- Home Care—AB Health Services— 780-624-3451
- Home Support—Light housekeeping—Peace River FCSS— 780-624-1000
- Indigenous Health Program— Culturally appropriate Health Care-780-624-7281
- Persons with Developmental Disabilities (PDD)—Funding for the Disabled - 780-624-6113
- Sagitawa Friendship Centre—Out of The Cold Shelter, HIV & Hep C Supports—780-624-2443
- Alberta Healthy Living Program -Support, Chronic conditions— 1-877-349-5711
- Mobile Outreach Street Team (M.O.S.T.) Community Response for resources and assistance. 1-9pm 780-618-6897 After hours - 780-624 -2443

Parenting Supports

- Well Child Clinics—Baby Nutrition, Immunizations, child Intervention and Support—Peace River Hospital—780-624-7260
- Peace Region Family Resource Network—Parenting Education, Home Visitation, Info and Referral— 780-624-0770
- Building Better Babies Program— Sagitawa Friendship Centre— Prenatal and post childbirth supports for young parents— 780-624-2443
- WJS—Support for families facing difficulties and served by Child Family Services or Persons with Developmental Disabilities and FASD-780-624-1029
- Early Childhood Intervention Program—Advice, support, Child Development/Milestones— 780-624-7253
- Sugar Plum Tree Daycare 780-624-1479
- Peace River Day Homes— 780-624-3520

Indigenous Supports

- National Indian Residential School Crisis Line—1-866-925-4419
- First Nations & Inuit Hope for Wellness—1-855-242-3310
- Native Youth Crisis Line— 1-877-209-1266
- Rupertsland Institute— Resumes, Job Supports, youth scholarships — 780-624-0703
- Sagitawa Friendship Society— 780-624-2443
- District 14 Métis Office— 780-624-4219
- Native Counselling Services of AB— Culturally appropriate court supports - 780-624-4622
- Indigenous Health Program— 780-624-7281
- AB Aboriginal Women's Society— Info and referral, career training & search-780-624-3416
- Family Information Liaison Unit— Support for families of missing and murdered Indigenous women and girls - 780-644-9823
- First Nations Health Consortium— Jordan's Principal—1-844-558-8748

ID & Legal Documents

- Alberta ID Card—Photo ID for those that do not have a driver's license-Dial 310-0000, then 780-427-7013
- Service Canada—Official Identification documents, etc.— 1-800-622-6232
- Assured Income for the Severely Handicapped (AISH)—Provincial Building, AISH Office— 780-624-6135
- Record Suspension Program—The John Howard Society of GP Help with application process 9702 98 st 780-228-6162

LGBTQ2+ Supports

- Peace River Pride Society—PRIDE events, supports, advocacy for LGBTQ2+ persons peaceriverpridesociety@gmail.com
- Support Line—1-800-688-4765
- Northreach Society—Grande Prairie and area—Supports for 2SLGBTQ+ youth, friends and family - 780-538-3388

Affordable Housing

- North Peace Housing Foundation— Senior's/family housing—780-624-
- Métis Urban Housing Corp.— Rentals for Métis/Indigenous persons-1-877-458-8684
- OSSI Youth Homeless Program and Out of the Cold Shelter—Sagitawa Friendship Centre—780-624-2443

Community Connection

- Family Resource Network-780-624-0770
- Sagitawa Friendship Society-780-624-2443
- Peace River Library-780-624-4076
- Beyond the Heart Clubhouse—For those living with Mental Illness— 780-624-3161
- Art Hub—Thurs-Sat 10018 101 st. arthub.prac@gmail.com
- Peace River FCSS—780-624-1000
- Nampa/Northern Sunrise County **FCSS**- 78-625-3287
- Grimshaw/Berwyn- 780-332-4005
- Manning FCSS—780-836-2170

Senior/Elder Supports

Relationship Supports

- Alberta ONE LINE for Sexual Violence—1-866-403-8000
- Family Violence Information Line— 310-1818 (AB Only)
- 24-Hour Child Abuse Hotline— 1-800-387-5437 (KIDS)
- Stepping Up—Healthy Relationship Prog.—780-624-8235
- Peace River Regional Women's Shelter—A safe place to stay for women with or without children, fleeing abuse or homelessness, outreach supports, and safety planning —780-624-3466
- Alberta Health Services— **Relationship Counselling-**780-624-6151
- NW Child and Family Services— Programs for vulnerable children— 780-624-6460

Food Programs

- **Soup Kitchen**—Free Lunch—Mon., Wed., Fri. - 10010 88 St. -
- Salvation Army Food Bank— Food Hampers, free shelf, Family Services 780-624-2370
- Sagitawa Friendship Centre— Charley's Food Box (food/nutrition program) Seasonal Hampers & Free Soup Tues. & Thurs. -12-1pm, 780-624-2443
- Peace River FCSS—Meals on Wheels Program for Seniors and those with Physical/Mental Exceptionalities— 780-624-1000, ext. 1030
- Sassy Squash Urban Garden-Community summer graden 94 st.

Religious/Faith

Go to our Online Community Directory: https://peaceriver.ca/places/category/ faith-and-religious-groups/

Crime & Safety

- Emergencies 9-1-1
- Peace River RCMP—780-624-6611
- Family Violence Line-310-1818 (toll
- Crime Stoppers—1-800-222-8477
- Report a Poacher—1-800-642-3800
- Peace Regional Victim Services— Supports for Victims of Crime— 780-624-6626
- Women's Shelter—A safe place to stay for women, fleeing abuse or homelessness, outreach.— 780-624-3466
- Safer Communities and Neighbourhoods (SCAN) Confidential reporting of drug trafficking, prostitution, child exploitation, gang related crime 1-866-960-7226
- Peace River Regional Restorative Justice - 780-618-5811
- Legal Aid—1-866-845-3425 • Dial-a-Law —1-800-332-1091
- ACT Alberta—Anti-Trafficking support-1-780-474-1104

Children/Youth Supports

- Peace River Pre School Society— 780-618-9625
- Childcare Playschool Subsidy Information—1-877-644-9992
- Peace Region Family Resource Network—Home Visitation (0-6 vears). Developmental Screenings (0-6 years) Parent Education (0-18)-780-624-0770
- Kids Help Phone —1-800-668-6868 or Text 686868
- Ground Level Youth Centre-All youth ages 10-29 -780-624-2162
- Project PEACE— School based Mental Health and student/family supports-780-624-3650
- Native Youth Crisis Line— 1-877-209-1266
- Empowering Kids/Youth Program— Relationships, trauma, and conflict— 780-624-3466
- Tiny Teeth Dental checks with hygiene instruction for 1 year-36 months. Peace River Public Health (780) 624-7260

Adult Learning & Literacy

- Vision Learning Centre—Learning English, computer skills, workshops—780-624-4220
- Northern Lakes College Distance learning, adult education, — 780-624-5176 Peace River Municipal Library and
- Art Gallery—Computer access, information, books/audio books, free events, -780-624-4076 Peace Regional Outreach Campus—

Finishing high school, or upgrading-780-624-5534 Teens

- BGS Enterprise Ages 16-19 Living Independently - Rent, school, career counseling, some healthcare benefits and more - 780-425-6655
- Ground Level Youth Centre— Activities for all youth 10-29 years of age - 780-624-2443
- Peace Regional Outreach Campus— Finishing high school, or upgrading-780-624-5534

Addiction Supports

- Addictions and Mental Health Helpline —1-866-332-2322
- Addictions and Mental Health— Drop-In and appointments and referrals to addictions services— 780-624-6151
- Alcoholics Anonymous (AA)— 780-618-4710 (John) www.aa.org
- AL-ANON—alanon.org/al-anon-
- meetings/find-an-al-anon-meeting/ • Celebrate Recovery—Bible based Recovery Program - 780-625-7081
- Narcotics Anon—780-618-6955 (George), Peace River Sagitawa Mon & Fri 8pm, Grimshaw Coast Hotel Sundays 12 noon.

Employment

- Alberta Works—780-624-6135
- Peace River Municipal Library Computer/Internet -780-624-4076
- Vision Learning Centre -780-624-4220
- **BGS Enterprise**—School & career counselling- 780-425-6655

• Fairview FCSS-780-835-5471

- Peace River FCSS—Home Support, Income Tax, Meals on Wheels, Gov. Forms, referrals— 780-624-1000
- AHS Continuing Care Access— Palliative Supports— 1-855-371-4122 (toll free)
- Senior's Drop In Centre— 780-624-2700
- Caregiver Supports—For those who provide care for others— 1-877-453-5088
- Alzheimer Society of AB & NWT -1-866-950-5465 Sagitawa Friendship Society—
- 780-624-2443 Elder Abuse, Family Violence Info

Line-310-1818 (toll free)

 Peace Palliative Care Society— Compassionate Care for life limiting, life threatening or end of life. See Facebook for more info.