

Fall & Winter
2026-27

SCHEDULES & PROGRAMS

TOWN OF PEACE RIVER ALBERTA

Peace Regional Pool

Peace Regional Pool
7201 98 Street
(780) 624-3720
www.peaceriver.ca/pool

Peace Regional Pool



PEACE REGIONAL POOL is one of the most popular facilities in Peace River among visitors and residents alike. Over 60,000 people visit the Pool on an annual basis! This fabulous facility was opened to the public on June 24 1989, and will celebrated its 37th anniversary in 2026. The Pool has many attractions that cater to a wide range of visitors, from an aqua aerobics program, to a steam roomand hot tub for those that like to take it easy.

In addition to its physical attractions, the Pool is open throughout the year and hosts a full range of programming options. Our programs include (but are not limited to) private rentals, aqua aerobics, swimming lessons for ages 4 months to 99+, and lifeguarding and instructor courses. We offer everything you need so you can start your aquatic career at the Peace Regional Pool!

Make your next swimming experience at the Peace Regional Pool!
We would love to see you!

7201 98 Street
780 624 3720

www.peaceriver.ca/pool

Supervision of Children

Supervision from a responsible person plays a crucial role in the safety of young swimmers at the pool. **Children under the age of 8 years old MUST be within arms' reach of a responsible person at least 14 years of age at all times**. During Family Swims, children 17 and under must be accompanied by a responsible adult. Children of any age may still be asked to complete a swim test at a lifeguard's discretion.

Programs and Services

Early Bird Swimming	Swimming Lessons	Private Rentals	Lifesaving Sport Club
Water Walking	Private Lessons	Activity Room Rentals	Swim Clubs
Aqua Aerobics / Zumba	Parent & Tot Programs	Lifeguarding Courses	Goggles and Other Retail
Public / Family Swims	Adult/Senior Programs	Instructor Courses	Special Events
Lane Swims	Mermaid Programs	First Aid Courses	Diving Board & Rope
Free Swims	School Rentals	Babysitting Courses	Steam Room & Hot Tub

Now open!

Fall '26 Free Swims!

All Free Swims are held on Mondays from 6:30-8:30pm, unless otherwise stated.

Baytex Energy Ltd	October 26
North Peace Housing Foundation	November 30
Source Energy Services	December 14

with more to come in 2027!

Interest in sponsoring a swim in 2026? Inquiries can be sent to @pool@peaceriver.ca

Admissions, Courses, & Rentals

Admissions	Single Admission	Monthly Pass	Six Month Pass	Yearly Pass	10 Use (Save 10%)	Summer Pass
Family*	$16.25	$97.50	$390.00	$585.00	N/A	$135.00
Adult (18-64)	$6.50	$52.00	$234.00	$312.00	$58.50	$81.00
Youth (8-17) Senior (65+)	$4.50	$36.00	$162.00	$216.00	$40.50	$57.00
Preschool (4-7)	$2.50	$20.00	$90.00	$120.00	$22.50	N/A
Tots (0-3)	FREE	FREE	FREE	FREE	FREE	FREE

*Our family rate includes up to 5 bathers, limited to 2 adults. Groups exceeding 5 bathers will be charged accordingly.

~ We are an all inclusive facility! The use of all our operating amenities is included in the admission rates ~

Lessons & Courses	Details	Age/Prerequisite	Cost
Swimming Lessons	8 x 30 Minute Lessons	Parent & Tot 1 - Preschool 5	$51.00
	8 x 40 Minute Lessons	Swimmer 1 - 6	$61.20
	8 x 60 Minute Lessons	Swim Patrol, Adult Lessons	$71.40
Private Lessons	Half-hour/Hourly Sessions	All ages	$56.10*/hour
SwimAbilities	8 x 45 Minute Lessons	SwimAbilities 1-4 for Swimmers requiring specialized needs	$66.30
Mermaid Club	8 x 30 Minute Lessons	Ages 6 - 17 Guppies: Complete Swimmer 1	$56.10
	8 x 45 Minute Lessons	Sirens: Complete Swimmer 3 or Guppies Tritons: Complete Sirens	$66.30
Adult Program Drop-In	---	Applies to Fitness Swimmer, Mermaid Fitness	$10.25 (drop-in)
Lifesaving Sport Club	14 hours (session times may vary)	Complete Swimmer 4	$142.80
Bronze Star	12 hours	Swim Patrol or JLC experience	$132.60
Bronze Medallion	20 hours	13 years or Bronze Star IFA w/ CPR C	$173.40
Bronze Cross	24 hours	Bronze Medallion and IFA w/ CPR C	$178.50
Intermediate First Aid w/ CPR Level C	16 hours	None	$183.60
IFA w/ CPR C Recert	8 hours	Current IFA w/ CPR C certification	$127.50
Swim Instructor	40 hour course (w/ SwimAbilities) 32 hour course (w/out SwimAbilities)	15 years old , Bronze Cross, IFA w/ CPR C & AED	$408.00 $358.00
LSSI Recert	5 hours	Previous Swim Instructor certification	$117.00
National Lifeguard	40 hour course	15 years old , Bronze Cross, IFA w/ CPR C & AED	$337.00
NL Recert	5 hours	Previous NL certification	$102.00
Babysitting Course	8 hours	11+ years	$61.00

Private Rentals	Details	Hourly Rate
Adult	Rental includes only adults; select Saturdays & Sundays	$166.00
Youth/Family	See pg.5 for supervision ratios; select Saturdays & Sundays	$146.00
Activity Room	Party room; includes tables, chairs	$36.00
Schools	Send inquires to pool@peaceriver.ca	$46.00 GST may apply
Swim Meets	Send inquires to pool@peaceriver.ca	$114.00
Swim Clubs (youth)	Send inquires to pool@peaceriver.ca	$73.00

*All rental categories are subject to an additional $31.00/hour for each additional lifeguard needed

POOL RULES AND GUIDELINES

Parent & Tot

This time is designated for adults to bring their young children to calm playtime in shallow water.

Family Swim

Bring your family swimming during our Family Swim times! All children (0-17) must be accompanied by an adult (18+) into the water, no exceptions. Note that during Family/Lane Swim, the diving board and rope are not open.

Public Swim

Everyone is welcome! Children under 8 years of age must be accompanied into the water and within arms' by a responsible person 14 years of age or older. Children 8 years of age and older can swim without parental supervision. Note that children of any age may still be asked to complete a swim test at the discretion of our lifeguards.

Adult & Senior Swim

Looking for a more calm swim time? Come and water walk or swim some lengths in two triple lanes during our Adult & Senior Swim. Note that Preschool lessons may occur in the beach area during these times.

Parent to Child Ratios

Children under the age of 8 years require 1 adult to be within arms' reach at all times for every 4 children. Family Swims and Private Rentals require 1 adult for every 10 children 8-17 years.

Bather Safety Guidelines

- No street shoes may be worn past the boot room area.
- Children under 8 years of age must be actively supervised and within arms' reach of a responsible person 14+ years of age at all times.
- Patrons must take a cleansing shower before entering the pool.
- Proper swim attire must be worn at all times (no cut-off jeans, white t-shirts, unclean clothes, etc)
- Young children (35 months and under), and anyone who is incontinent must wear protective, water resistant swimwear (available for purchase at the front desk) in order to minimize the possibility of contamination.
- No pets are allowed onto the premises, except for seeing eye dogs or other service animals used to assist persons with disabilities.
- Diving in the shallow end is not permitted.
- Roughhousing or putting other swimmers at risk is not permitted.
- Spitting, or otherwise polluting the water is prohibited.
- No glass containers of any kind are permitted in barefoot areas.
- Foul language and other disrespectful behavior is not permitted and are grounds for expulsion from the facility.
- Any persons with diarrhea or a history of diarrhea over the previous two weeks must not use the facility.
- No chewing gum in changerooms, on deck, or in the water.
- Persons under the influence are not allowed inside the facility.
- Food must be consumed within designated areas only.

Refund Policy

All refund/credit requests are subject to a $10 cancellation fee unless a doctor's note is provided. All refund/credit requests must be received at least 2 weeks in advance of the program start date, otherwise a refund/credit will not be issued. Please allow up to 10 days for refunds processed online, and 6 weeks for refunds processed on paper. Goggles and other retail items are not refundable.

Peace River's most popular facility

The Peace Regional Pool



Free Swim Events
Kids Party Room
Private Rentals

Call us to book your next swimming experience!

780-624-3720



Lifesaving Courses

Intermediate First Aid with CPR Level C & AED

A comprehensive two-day course offering First Aid, cardiopulmonary resuscitation (CPR), and AED skills for those who need training. It is a prerequisite for lifeguarding courses, but is also workplace certified!

Full Course Dates	**Full Course Times**
January 23-24	9:00-5:00pm
Recert Dates	**Recert Times**
January 21 March 13	9:00-5:00pm

Bronze Star

This course develops swimming proficiency, lifesaving skills, and personal fitness. Candidates refine their strokes, acquire self-rescue skills, and apply fitness principles to workouts. Bronze Star is a fun but optional introduction to lifesaving.

Prerequisite: Swim Patrol or JLC experience

Not running in the Fall & Winter 2026-27 season

Bronze Medallion

This course challenges candidates both physically and mentally. Judgement, knowledge, skill, and fitness form the basis of Bronze Medallion training. Candidates acquire the assessment and problem-solving skills needed to succeed.

Prerequisites: **13**+ years old or Bronze Star, and IFA w/ CPR C

October 23-25	4:00-9:00pm (23) 8:00-4:00pm (24, 25)

Bronze Cross

This course begins the transition from lifesaving to lifeguarding and prepares candidates for responsibilities as assistant lifeguards. Candidates strengthen and expand their lifesaving skills, while learning the principles and techniques of active surveillance in aquatic facilities.

Prerequisites: Bronze Medallion and IFA w/ CPR C

November 21, 22, 23	8:00-4:00pm

National Lifeguard (NL)

The National Lifeguard program develops the basic lifeguarding skills, principles, and decision making process to help lifeguards evaluate and adapt to various aquatic facilities and emergencies.

Prerequisites: **15**+ years old, IFA w/ CPR C, Bronze Cross

Recert Dates	**Recert Times**
February 18	7:00-11:00am

Swim Instructor (LSSI) + SwimAbilities Instructor (SAI)

Swim instructors are responsible for teaching and evaluating participants of the Swim For Life and Canadian Swim Patrol programs. SwimAbilities Instructor is offered in tandem to prepare instructors to teach participants with specialized needs and supports. These courses prepare instructors to apply leadership competencies while teaching and evaluating.

Prerequisites: **15**+ years old, IFA w/ CPR C, Bronze Cross

LSSI (no SAI) **Dates**	**LSSI** (no SAI) **Times**
Dec 5, 6, 12, 13	9:00-5:00pm



Flexible hours, competitive wages, and a wonderful and supportive work environment. Lifeguarding is also the perfect part-time job for students or the stay-at-home parent! Ask us how you can become part of our team!

Contact us!

(780) 624-3720

@Peace_Regional_Pool

pool@peaceriver.ca

peaceriver.ca/pool

Adult Classes

Scared Stiff

For those who are "scared stiff", this course fosters the basic knowledge, skills, and attitudes needed to stay safe in and around the water. Classes are designed to develop a swimmer's confidence in the water with basic flotation, movement, and breathing skills.

Adult 1

This course is a great starting point for swimmers already comfortable in the water looking to begin and develop their strokes. You'll work towards a 10-15m swim on your front and back.

Adult 2

Kick it up a notch in Adult 2 with interval training workouts of 4 x 25m kicking and front/back crawl. You'll be able to perform dive entries, demonstrate breaststroke arms, and breaststroke breathing for 10-15m while gaining confidence!

Adult 3

No sweat (or at least none that anyone can see)! In Adult 3, you'll have the opportunity to learn eggbeater, stride entries, and compact jumps. You'll master front crawl, back crawl, and breaststroke.

Fitness Swimmer (Adult Swim Club)

New name, same club! Formerly known as Adult Swim Club, Fitness Swimmer is for advanced swimmers looking for advanced workouts and further stroke development.

[For ages 14 and up]

Tuesdays & Thursdays | 6:00-7:00pm	
October 6-29	Scared Stiff/Adult 1 Adult 2/3 Fitness Swimmer
November 3-26	Adult 2/3 Fitness Swimmer
January 5-28	Scared Stiff/Adult 1 Fitness Swimmer
February 2-25	Adult 2/3 Fitness Swimmer
March 2-25	Scared Stiff/Adult 1 Fitness Swimmer



Additional Classes and Courses

Aqua Aerobics & Aqua Zumba

No registration necessary! Drop in during designated times for an instructor-led fitness hour! Exercises and workout intensity may vary between instructors.
See pool schedule for times.

Private Lessons

Private lessons are available for $56.10/hour, and are intended to assist in the improvement of specific strokes, skills, and general in-water comfort in a 1-on-1 environment. Private lessons are not intended to be a fast-track to our regularly scheduled lessons.
Inquire at the front desk or to pool@peaceriver.ca. Subject to approval.

Babysitting Basics

Learn the basics of babysitting, how to prevent accidents, and basic First Aid training. This course is intended for kids 11-13 years of age, but anyone over the age of 11 can register!

Mermaid Club

Do you long to trade your legs for a fin? Mermaid Club focuses on the skills and safety involved while swimming with a monofin while looking like a glorious mermaid! Skills include: dolphin kick, breathing techniques, sculling, butterfly, and more!
Typically offered in the Spring & Summer season. For ages 6-17.
Prior swimming ability required.

Tea Time Wednesdays

Every Wednesday!
9:00-11:00am

Join us for tea, coffee, & snacks in the pool lobby before or after your swim!

Babysitting Basics	
February 27	10:00-6:00pm

Follow us on →

For the most up-to-date info on pool schedules, lessons, and more!

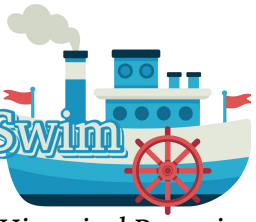
Additional Information

Youth Rec Swims Semi-organized in-water activities	
4:00-5:30pm **Ages 8-17!**	December 21, 22, 23, 29 & 30 March 30, 31, April 1, 2

Extra Public Swims	
10:00-12:00pm	October 9 December 21, 22, 23, 29, 30 & 31 January 29 February 12 March 3, 4, 5, 30, 31
1:00-3:00pm	October 9 December 21, 22, 23, 29, 30 & 31 March 4, 5, 30, 31
6:00-7:45pm Family/Lane Swim	December 22, 29

Statutory Schedule Days -Oct 12, Nov 11, Dec 28, Feb 15, Mar 26, Mar 29-	
Parent & Tot / Lane	12:30-1:30pm
Family Swim	1:30-3:30pm
Public Swim	3:30-5:30pm

The DA Thomas Swim



February 3 - April 28, 2026

Swim a portion of the DA Thomas Historical Route in the comfort of the Peace Regional Pool! Track your Lengths in the binder at the front desk.

Go ahead, rent the pool!

Private rentals are available on select Saturdays and Sundays throughout the year. Perfect for birthdays or other special events. Give us a call to book your next swimming experience!

No extra guard: 1-30
1 extra guards: 31-75
2 extra guards: 76-125

780-624-3720

see pg.4 for rental rates

Pool Closures	
October 11	Thanksgiving
December 8 (after 7pm)	Fire Dept. Training
December 24-26	Christmas
December 31 (after 3pm)	New Year's Eve
January 1	New Years Day
March 28	Easter Sunday

100k Club

Do you like swimming lengths?
Do you like self-gratification?
Ever wanted to have your name on a poster?
Join the 100k Club! Track your lengths at the front desk and do your best to swim 100km by the end of the year!



Peace River Plesiosaurs

Lifesaving Sport Club



AGES 8-15

What is Lifesaving Sport?

Lifesaving Sport is an exciting multi-disciplinary sport practiced throughout the world; combining athletic ability with lifesaving skills and rescue equipment. Lifesaving Sport is unique because it is the only sport where skills are learned for humanitarian purposes and then applied to competition.

The Plesiosaurs pilot program runs for 7-weeks at a time, with seasonal sessions. There may be opportunities to compete in provincial competitions! Sign up today and become a Peace River Plesiosaur - see below for more info!

Sign up for one or more!

Become a Plesiosaur!

Fall Session Opens August 27th	Winter Session Opens December 3rd	Spring Session Opens December 3rd
Nov 3 - Dec 17	**Jan 12 - Feb 25**	**March 9 - April 29** No club on March 30th or April 1st
Tuesday/Thursday 6:00-7:00pm	Tuesday/Thursday 6:00-7:00pm	Tuesday/Thursday 6:00-7:00pm

$142.80



PEACE REGIONAL POOL

Effective October 3 - December 19, 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Rentals	Earlybird 6:30-8:00	Closed	Earlybird 6:30-8:00	Closed	Earlybird 6:30-8:00	Closed
	Water Walking / Lane / Parent & Tot 8:00-9:00		Water Walking / Lane / Parent & Tot 8:00-9:00		Water Walking / Lane / Parent & Tot 8:00-9:00	
	Aqua Aerobics / Lane / Parent & Tot 9:00-10:00		Aqua Aerobics / Lane / Parent & Tot 9:00-10:00		Aqua Aerobics / Lane / Parent & Tot 9:00-10:00	
	School Rentals 10:00-12:00					Lessons 10:00-12:00
Lane / Parent & Tot 12:30-1:30	Lane / Parent & Tot 12:00-1:00					Lane / Parent & Tot 12:30-1:30
Family Swim 1:30-3:30	School Rentals 1:00-3:00					Family Swim 1:30-3:30
Public Swim 3:30-5:30	Adult & Senior Swim 3:00-4:00	Maintenance 3:00-4:00	Adult & Senior Swim 3:00-4:00	Maintenance 3:00-4:00	Adult & Senior Swim 3:00-4:00	Public Swim 3:30-5:30
Closed	Swim Club 4:00-6:00	Swim Club / Lessons 4:00-6:00	Swim Club 4:00-6:00	Swim Club / Lessons 4:00-6:00	Swim Club 4:00-6:00	Rentals
	Family / Lane 6:00-7:30	Adult Lessons / Plesiosaurs 6:00-7:00	Family / Lane 6:00-7:30	Adult Lessons / Plesiosaurs 6:00-7:00	Family / Lane 6:00-7:30	
		Aqua Zumba 7:00-8:00		Aqua Zumba 7:00-8:00		
	Public Swim 7:30-8:30	Lane Swim 8:00-9:00	Public Swim 7:30-8:30	Lane Swim 8:00-9:00	Public Swim 7:30-8:30	

Sponsored Swims | 6:30-8:30pm | **Oct 26** | Baytex Energy Ltd | **Nov 30** | NPHF | **Dec 14** | Source Energy Services
Extra Public Swims | 10:00-12:00pm & 1:00-3:00pm | **October 9**
STAT Schedule | Parent & Tot/Lane 12:30-1:30 | Family Swim 1:30-3:30 | Public Swim 3:30-5:30 | **Oct 12, Nov 11**
Closed | Thanksgiving | **October 11**

PEACE REGIONAL POOL

Effective December 20-26, 2026



Sunday 20	Monday 21	Tuesday 22	Wednesday 23	Thursday 24	Friday 25	Saturday 26
Rentals	Earlybird 6:30-8:00	Closed	Earlybird 6:30-8:00	Merry Christmas from the Peace Regional Pool!		
	Water Walking / Lane / Parent & Tot 8:00-9:00		Water Walking / Lane / Parent & Tot 8:00-9:00			
	Aqua Aerobics / Lane / Parent & Tot 9:00-10:00		Aqua Aerobics / Lane / Parent & Tot 9:00-10:00			
	Public Swim 10:00-12:00					
Lane / Parent & Tot 12:30-1:30	Lane / Parent & Tot 12:00-1:00					
Family Swim 1:30-3:30	Public Swim 1:00-3:00			Closed	Closed	Closed
Public Swim 3:30-5:30	Adult & Senior Swim 3:00-4:00	Maintenance 3:00-4:00	Adult & Senior Swim 3:00-4:00			
Closed	Youth Rec* 4:00-5:30					
	Family / Lane 6:00-7:30	Family / Lane 6:00-8:00	Family / Lane 6:00-7:30			
	Public Swim 7:30-8:30	Lane Swim 8:00-9:00	Public Swim 7:30-8:30			



Youth Rec*

Kids 8-17 can come swimming to play in-water sports and other semi-organized activities!



PEACE REGIONAL POOL

Effective December 27 - January 2, 2027

Sunday 27	Monday 28	Tuesday 29	Wednesday 30	Thursday 31	Friday 1	Saturday 2
Rentals	STAT	Closed	Earlybird 6:30-8:00 Water Walking / Lane / Parent & Tot 8:00-9:00 Aqua Aerobics / Lane / Parent & Tot 9:00-10:00	Closed	Closed	Closed
		Public Swim 10:00-12:00				
Lane / Parent & Tot 12:30-1:30		Lane / Parent & Tot 12:00-1:00				Lane / Parent & Tot 12:30-1:30
Family Swim 1:30-3:30		Public Swim 1:00-3:00				Family Swim 1:30-3:30
Public Swim 3:30-5:30		Maintenance 3:00-4:00	Adult & Senior Swim 3:00-4:00	Happy New Year!		Public Swim 3:30-5:30
Closed	STAT	Youth Rec* 4:00-5:30 Family / Lane 6:00-8:00 Turkey Burner* 8:00-9:00	Family / Lane 6:00-7:30 Public Swim 7:30-8:30	Closed		Rentals

Youth Rec*

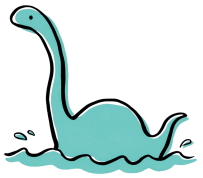
Kids 8-17 can come swimming to play in-water sports and other semi-organized activities!

Turkey Burner*

Too much turkey? Come and swim it off in this instructor-led (optional) lane swim!

PEACE REGIONAL POOL

Effective January 3 - April 30, 2027



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Rentals	Earlybird 6:30-8:00	Closed	Earlybird 6:30-8:00	Closed	Earlybird 6:30-8:00	Closed
	Water Walking / Lane / Parent & Tot 8:00-9:00		Water Walking / Lane / Parent & Tot 8:00-9:00		Water Walking / Lane / Parent & Tot 8:00-9:00	
	Aqua Aerobics / Lane / Parent & Tot 9:00-10:00		Aqua Aerobics / Lane / Parent & Tot 9:00-10:00		Aqua Aerobics / Lane / Parent & Tot 9:00-10:00	
	School Rentals 10:00-12:00					Lessons 10:00-12:00
Lane / Parent & Tot 12:30-1:30	Lane / Parent & Tot 12:00-1:00					Lane / Parent & Tot 12:30-1:30
Family Swim 1:30-3:30	School Rentals 1:00-3:00					Family Swim 1:30-3:30
Public Swim 3:30-5:30	Adult & Senior Swim 3:00-4:00	Maintenance 3:00-4:00	Adult & Senior Swim 3:00-4:00	Maintenance 3:00-4:00	Adult & Senior Swim 3:00-4:00	Public Swim 3:30-5:30
Closed	Swim Club 4:00-6:00	Swim Club / Lessons 4:00-6:00	Swim Club 4:00-6:00	Swim Club / Lessons 4:00-6:00	Swim Club 4:00-6:00	Rentals
	Family / Lane 6:00-7:30	Adult Lessons / Plesiosaurs 6:00-7:00	Family / Lane 6:00-7:30	Adult Lessons / Plesiosaurs 6:00-7:00	Family / Lane 6:00-7:30	
		Aqua Zumba 7:00-8:00		Aqua Zumba 7:00-8:00		
	Public Swim 7:30-8:30	Lane Swim 8:00-9:00	Public Swim 7:30-8:30	Lane Swim 8:00-9:00	Public Swim 7:30-8:30	

Sponsored Swims | Interested in sponsoring a swim? Sponsorship inquiries can be sent to pool@peaceriver.ca
Extra Public Swims | 10:00-12:00pm | **Jan 29, Feb 12, March 3, 4, 5, 30, 31** | 1:00-3:00pm | **March 4, 5, 30, 31**
STAT Schedule | Parent & Tot/Lane 12:30-1:30 | Family Swim 1:30-3:30 | Public Swim 3:30-5:30 | **Feb 15, March 26, 29**
Closed | Easter Sunday | **March 28**

FALL LESSON REGISTRATION OPENS AUGUST 27 [AT] 8:00AM



PARENTED SWIMMING LESSONS

AGES 4 MONTHS - 3 YEARS

[FALL SEASON]

Parent & Tot 1

Dates	Times
October 5-16 Monday/Wednesday	**3:30-4:00pm** No Lesson Oct 12 Friday Lesson Oct 16
Nov 14 - Dec 5 Saturdays	**10:00-10:30am**
December 9-16 Monday/Wednesday	**3:30-4:00pm** Friday Lesson Dec 11





Parent & Tot 2

Dates	Times
October 19-28 Monday/Wednesday	**3:30-4:00pm**
November 16-25 Monday/Wednesday	**3:30-4:00pm**



Parent & Tot 3

Dates	Times
Oct 17 - Nov 7 Saturdays	**10:00-10:30am**
November 2-13 Monday/Wednesday	**3:30-4:00pm** No Lessons Nov 11 Friday Lesson Nov 13
Nov 30-Dec 7 Monday/Wednesday	**3:30-4:00pm** Friday Lesson Dec 4

IMPORTANT:

Program times, dates and details are subject to change without notice. For up to date information on any of these programs, please phone the Peace Regional Pool. Thank you.

Parent & Tot 1	4– 12 Months
Parent & Tot 2	12– 24 Months
Parent & Tot 3	2– 3 Years

PARENTED LESSONS ARE AGE SPECIFIC

Each session contains four lessons with an instructor as well as a 3-use swim pass to use to bring your child to the pool and practice.

You can now register and pay online for all our courses! Simply go to www.peaceriver.ca/registration. Give us a call if you need any assistance with registering online.

FALL LESSON REGISTRATION OPENS AUGUST 27 [AT] 8:00AM

PRESCHOOL SWIMMING LESSONS

AGES 3-5 YEARS OLD

[FALL SEASON]

All *Preschool* lessons are based on skills and abilities. In order to advance, the child must successfully complete the previous level

Preschool 1

Dates	Times
October 5-28 Monday/Wednesday	**3:00-3:30pm** No Lesson Oct 12 Friday Lesson Oct 16
October 6-29 Tuesday/Thursday	**5:30-6:00pm**
Oct 17 - Dec 5 Saturdays	**11:30-12:00pm**
November 3-26 Tuesday/Thursday	**4:00-4:30pm**

Preschool 2

Dates	Times
October 6-29 Tuesday/Thursday	**4:00-4:30pm**
Oct 17 - Dec 5 Saturdays	**10:45-11:15am**
November 2-25 Monday/Wednesday	**3:00-3:30pm** No Lesson Nov 11 Friday Lesson Nov 13

Preschool 3

Dates	Times
Nov 30-Dec 16 Monday/Wednesday	**3:00-3:30pm** Friday Lesson Dec 4 & 11
Oct 17 - Dec 5 Saturdays	**10:45-11:15am**

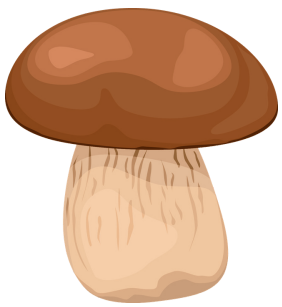
Preschool 4 Preschool 5

Dates	Times
November 3-26 Tuesday/Thursday	**4:45-5:15pm**

IMPORTANT:

Program times, dates and details are subject to change without notice. For up to date information on any of these programs, please phone the Peace Regional Pool. Thank you.





Contact us!

(780) 624-3720

@Peace_Regional_Pool

pool@peaceriver.ca

peaceriver.ca/pool

FALL LESSON REGISTRATION OPENS AUGUST 27 [AT] 8:00AM

SWIMMING LESSONS

AGES 5 YEARS AND UP

[FALL SEASON]

All *Swimmer* lessons are based on skills and abilities. In order to advance, the child must successfully complete the previous level.

Swimmer 1

Dates	Times
October 6-29 Tuesday/Thursday	**4:35-5:15pm**
Oct 17 - Dec 5 Saturdays	**10:00-10:40am**
Oct 17 - Dec 5 Saturdays	**10:35-11:15am**
November 3-26 Tuesday/Thursday	**4:00-4:40pm**
November 3-26 Tuesday/Thursday	**5:20-6:00pm**



Swimmer 3

Dates	Times
October 6-29 Tuesday/Thursday	**4:45-5:25pm**
Oct 17 - Dec 5 Saturdays	**10:45-11:25am**

Swimmer 2

Dates	Times
October 6-29 Tuesday/Thursday	**4:00-4:40pm**
Oct 17 - Dec 5 Saturdays	**10:00-10:40am**
Oct 17 - Dec 5 Saturdays	**11:20-12:00pm**
November 3-26 Tuesday/Thursday	**4:35-5:15pm**

IMPORTANT:

Program times, dates and details are subject to change without notice. For up to date information on any of these programs, please phone the Peace Regional Pool. Thank you.



You can now register and pay online for all our courses! Simply go to www.peaceriver.ca/registration. Give us a call if you need any assistance with registering online.

FALL LESSON REGISTRATION OPENS AUGUST 27 [AT] 8:00AM

LESSONS CONTINUED

AGES 5 YEARS AND UP

[FALL SEASON]

Swimmer 4

Dates	Times
November 3-26 Tuesday/Thursday	**5:20-6:00pm**
Oct 17 - Dec 5 Saturdays	**11:20-12:00pm**



Swim Patrol

Dates	Times
Oct 17 - Dec 5 Saturdays	**10:50-11:50am**

Rookie, Ranger, and Star Patrol are offered together under one class - Swim Patrol!
Bring your previous Swim Patrol progress chart to the first day of class so your instructor can track your progress throughout Rookie, Ranger, and Star Patrol!

Withdrawals must be made with 2 weeks' notice to receive a refund or credit

See our Refund Policy on page 5 for more details

Swimmer 5 Swimmer 6

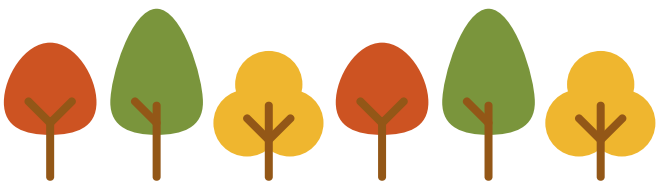
Dates	Times
October 6-29 Tuesday/Thursday	**5:20-6:00pm**
Oct 17 - Dec 5 Saturdays	**10:00-10:40am**

Has your child completed Swimmer 6 and is wondering what the next step is?

Register them into the Swim Patrol program to fine tune their strokes and help them to succeed in the Bronze programs!

Contact us!

(780) 624-3720
@Peace_Regional_Pool
pool@peaceriver.ca
peaceriver.ca/pool



WINTER LESSON REGISTRATION OPENS DECEMBER 3 [AT] 8:00AM



PARENTED SWIMMING LESSONS

AGES 4 MONTHS - 3 YEARS

[WINTER SESSIONS]

Parent & Tot 1

Dates	Times
January 18-27 Monday/Wednesday	**3:00-3:30pm**
March 1-10 Monday/Wednesday	**3:00-3:30pm**



Parent & Tot 3

Dates	Times
February 17-24 Monday/Wednesday	**3:00-3:30pm** Friday Lesson Feb 17
Feb 6-Mar 13 Saturdays	**10:45-11:15am** No Lesson Feb 13 & Mar 6
March 15-24 Monday/Wednesday	**3:00-3:30pm**



Parent & Tot 2

Dates	Times
January 4-13 Monday/Wednesday	**3:00-3:30pm**
January 9-30 Saturdays	**10:45-11:15am**
February 1-10 Monday/Wednesday	**3:00-3:30pm**

Parent & Tot 1	4– 12 Months
Parent & Tot 2	12– 24 Months
Parent & Tot 3	2– 3 Years

PARENTED LESSONS ARE AGE SPECIFIC

Each session contains four lessons with an instructor as well as a 3-use swim pass to use to bring your child to the pool and practice.

Contact us!

(780) 624-3720
@Peace_Regional_Pool
pool@peaceriver.ca
peaceriver.ca/pool

IMPORTANT:

Program times, dates and details are subject to change without notice. For up to date information on any of these programs, please phone the Peace Regional Pool. Thank you.

WINTER LESSON REGISTRATION OPENS DECEMBER 3 [AT] 8:00AM

PRESCHOOL SWIMMING LESSONS

AGES 3-5 YEARS OLD

[WINTER SESSIONS]

1 Preschool

Dates	Times
January 5-28 Tuesday/Thursday	**4:00-4:30pm**
Jan 9 - Mar 13 Saturdays	**11:30-12:00pm** No Lesson Feb 13 & Mar 6
February 1-24 Monday/Wednesday	**3:30-4:00pm** No Lesson Feb 15 Friday Lesson Feb 17
February 2-25 Tuesday/Thursday	**4:00-4:30pm**
March 2-25 Tuesday/Thursday	**5:30-6:00pm**

2 Preschool

Dates	Times
January 5-28 Tuesday/Thursday	**4:45-5:15pm**
Jan 9 - Mar 13 Saturdays	**10:00-10:30am** No Lesson Feb 13 & Mar 6
March 1-24 Monday/Wednesday	**3:30-4:00pm**

3 Preschool

Dates	Times
March 2-25 Tuesday/Thursday	**4:45-5:15pm**
Jan 9 - Mar 13 Saturdays	**10:00-10:30am** No Lesson Feb 13 & Mar 6

All *Preschool* lessons are based on skills and abilities. In order to advance, the child must successfully complete the previous level

4 Preschool

5 Preschool

Dates	Times
January 4-27 Monday/Wednesday	**3:30-4:00pm**
Jan 9 - Mar 13 Saturdays	**10:45-11:15am** No Lesson Feb 13 & Mar 6

IMPORTANT:

Program times, dates and details are subject to change without notice. For up to date information on any of these programs, please phone the Peace Regional Pool. Thank you.

You can now register and pay online for all our courses! Simply go to www.peaceriver.ca/registration. Give us a call if you need any assistance with registering online.

WINTER LESSON REGISTRATION OPENS DECEMBER 3 [AT] 8:00AM

SWIMMING LESSONS
AGES 5 YEARS OLD and up

[WINTER SESSIONS]



Swimmer 1

Dates	Times
January 5-28 Tuesday/Thursday	**5:20-6:00pm**
Jan 9 - Mar 13 Saturdays	**10:00-10:40am** No Lesson Feb 13 & Mar 6
Jan 9 - Mar 13 Saturdays	**10:35-11:15am** No Lesson Feb 13 & Mar 6
Jan 9 - Mar 13 Saturdays	**11:20-12:00pm** No Lesson Feb 13 & Mar 6
February 2-25 Tuesday/Thursday	**4:35-5:15pm**
March 2-25 Tuesday/Thursday	**4:00-4:40pm**
March 2-25 Tuesday/Thursday	**4:45-5:25pm**

Swimmer 2

Dates	Times
January 5-28 Tuesday/Thursday	**5:20-6:00pm**
Jan 9 - Mar 13 Saturdays	**10:45-11:25am** No Lesson Feb 13 & Mar 6
Jan 9 - Mar 13 Saturdays	**11:20-12:00pm** No Lesson Feb 13 & Mar 6
February 2-25 Tuesday/Thursday	**5:20-6:00pm**

Swimmer 3

Dates	Times
January 5-28 Tuesday/Thursday	**4:00-4:40pm**
Jan 9 - Mar 13 Saturdays	**10:00-10:40am** No Lesson Feb 13 & Mar 6
March 2-25 Tuesday/Thursdays	**5:20-6:00pm**

IMPORTANT:

Program times, dates and details are subject to change without notice. For up to date information on any of these programs, please phone the Peace Regional Pool. Thank you.

Contact us!

(780) 624-3720
@Peace_Regional_Pool
pool@peaceriver.ca
peaceriver.ca/pool

WINTER LESSON REGISTRATION OPENS DECEMBER 3 [AT] 8:00AM

LESSONS CONTINUED
AGES 5 YEARS AND UP

[WINTER SESSIONS]

IMPORTANT:

Program times, dates and details are subject to change without notice. For up to date information on any of these programs, please phone the Peace Regional Pool. Thank you.

4 Swimmer

Dates	Times
Jan 9 - Mar 13 Saturdays	**10:00-10:40am** No Lesson Feb 13 & Mar 6
February 2-25 Tuesday/Thursday	**5:20-6:00pm**

5 Swimmer

Dates	Times
January 5-28 Tuesday/Thursday	**4:35-5:15pm**
Jan 9 - Mar 13 Saturdays	**11:20-12:00pm**
March 2-25 Tuesday/Thursday	**4:00-4:40pm**

6 Swimmer

Swim Patrol

Dates	Times
February 2-25 Tuesday/Thursday	**4:00-5:00pm**

Rookie, Ranger, and Star Patrol are offered together under one class - Swim Patrol!

Bring your previous Swim Patrol progress chart to the first day of class so your instructor can track your progress throughout Rookie, Ranger, and Star Patrol!



Has your child completed Swimmer 6 and is wondering what the next step is?

Register them into the Swim Patrol program to fine tune their strokes and help them to succeed in the Bronze programs!

You can now register and pay online for all our courses! Simply go to www.peaceriver.ca/registration. Give us a call if you need any assistance with registering online.



BAYTEX
ENERGY CORP.

SOURCE
ENERGY SERVICES

for making our Free Swims possible in our upcoming Fall 2026 season!

Interested in becoming a sponsor in the future?
Inquiries can be sent to pool@peaceriver.ca



For more info about our programs and services,
please visit www.peaceriver.ca/pool, or give us a call at 780-624-3720.
We would be happy to answer any questions you may have!

Thank you

TOWN OF PEACE RIVER ALBERTA

Peace Regional POOL