



Fall & Winter  
2025/26

# SCHEDULES & PROGRAMS

TOWN OF  
**PEACE RIVER**  
ALBERTA



**Peace Regional Pool**

7201 98 Street

(780) 624-3720

[www.peaceriver.ca/pool](http://www.peaceriver.ca/pool)





# Peace Regional Pool



PEACE REGIONAL POOL is one of the most popular facilities in Peace River among visitors and residents alike. Over 60,000 people visit the Pool on an annual basis! This fabulous facility was opened to the public on June 24 1989, and will celebrate its 37th anniversary in 2026. The Pool has many attractions that cater to a wide range of visitors, from an aqua aerobics program, to a steam room for those that like to take it easy.

In addition to its physical attractions, the Pool is open throughout the year and hosts a full range of programming options. Our programs include (but are not limited to) private rentals, aqua aerobics, swimming lessons for ages 4 months to 99+, and lifeguarding and instructor courses. We offer everything you need so you can start your aquatic career at the Peace Regional Pool!

Make your next swimming experience at the Peace Regional Pool!  
We would love to see you!

**7201 98 Street**  
**780 624 3720**

[www.peaceriver.ca/pool](http://www.peaceriver.ca/pool)

## Supervision of Children

Supervision from a responsible person plays a crucial role in the safety of young swimmers at the pool. **Children under the age of 8 years old MUST be within arms' reach of a responsible person at least 14 years of age at all times.** During Family Swims, children 17 and under must be accompanied by a responsible adult. Children of any age may still be asked to complete a swim test at a lifeguard's discretion.

## Programs and Services

Early Bird Swimming	Swimming Lessons	Private Rentals	Junior Lifeguard Club
Water Walking	Private Lessons	Activity Room Rentals	Swim Clubs
Aqua Aerobics / Zumba	Parent & Tot Programs	Lifeguarding Courses	Goggles and Other Retail
Public/Family Swims	Adult/Senior Programs	Instructor Courses	Special Events
Lane Swim	Mermaid Programs	First Aid Courses	Diving Board & Rope
Free Swims	School Rentals	Babysitting Courses	Steam Room & Hot Tub

# Fall '25 Free Swims!

...coming soon!

**All Free Swims are held on Mondays from 6:30-8:30pm**

The Great Canadian Dollar Store

November 10

United Floors

November 24

The Northend Reddi Mart

December 15

Source Energy Services

December 29

Interest in sponsoring a swim in 2026? Inquiries can be sent to [@pool@peaceriver.ca](mailto:@pool@peaceriver.ca)

# Admissions, Courses, & Rentals

Admissions	Single Admission	Monthly Pass	Six Month Pass	Yearly Pass	10 Use (Save 10%)	Summer Pass
Family*	\$16.25	\$97.50	\$390.00	\$585.00	N/A	\$135.00
Adult (18-64)	\$6.50	\$52.00	\$234.00	\$312.00	\$58.50	\$81.00
Youth (8-17) Senior (65+)	\$4.50	\$36.00	\$162.00	\$216.00	\$40.50	\$57.00
Preschool (4-7)	\$2.50	\$20.00	\$90.00	\$120.00	\$22.50	N/A
Tots (0-3)	FREE	FREE	FREE	FREE	FREE	FREE

\*Our family rate includes up to 5 bathers, limited to 2 adults. Groups exceeding 5 bathers will be charged accordingly.

~ We are an all inclusive facility! The use of all our operating attractions is included in the admission rates ~

Lessons & Courses	Details	Age/Prerequisite	Cost
Swimming Lessons	8 x 30 Minute Lessons	Parent & Tot 1 - Preschool 5	\$51.00
	8 x 40 Minute Lessons	Swimmer 1 - 6	\$61.20
	8 x 60 Minute Lessons	Swim Patrol, Adult Lessons	\$71.40
Private Lessons	Half-hour/Hourly Sessions	All ages	\$56.10*/hour
SwimAbilities	8 x 45 Minute Lessons	SwimAbilities 1-4 for Swimmers requiring specialized needs	\$66.30
Mermaid Club	8 x 30 Minute Lessons	Ages 6 - 17 Guppies: Complete Swimmer 1	\$56.10
	8 x 45 Minute Lessons	Sirens: Complete Swimmer 3 or Guppies Tritons: Complete Swimmer 6 or Sirens	\$66.30
Adult Mermaid Programs	8 x 60 Minute Lessons	Ages 16+ Mermaid Fitness	\$76.50 \$10.25 (drop-in)
Junior Lifeguard Club	8 hours (session times may vary)	Complete Swimmer 4	\$91.80
Bronze Star	12 hours	Swim Patrol or JLC experience	\$132.60
Bronze Medallion	20 hours	13 years or Bronze Star IFA w/ CPR C	\$173.40
Bronze Cross	24 hours	Bronze Medallion and IFA w/ CPR C	\$178.50
Intermediate First Aid w/ CPR Level C	16 hours	None	\$183.60
IFA w/ CPR C Recert	8 hours	Current IFA w/ CPR C certification	\$127.50
Swim Instructor	40 hour course (w/ SwimAbilities)	15 years old , Bronze Cross, IFA w/ CPR C & AED	\$408.00
LSSI Recert	5 hours	Previous Swim Instructor certification	\$117.00
National Lifeguard	40 hour course	15 years old , Bronze Cross, IFA w/ CPR C & AED	\$337.00
NL Recert	5 hours	Previous NL certification	\$102.00
Babysitting Course	8 hours	11+ years	\$61.00

Private Rentals	Details	Hourly Rate
Adult	Rental includes only adults; select Saturdays & Sundays	\$163.00
Youth/Family	See pg.5 for supervision ratios; select Saturdays & Sundays	\$143.00
Activity Room	Party room; includes tables, chairs	\$35.50
Schools	Send inquires to pool@peaceriver.ca	\$46.00 GST may apply
Swim Meets	Send inquires to pool@peaceriver.ca	\$112.00
Swim Clubs (youth)	Send inquires to pool@peaceriver.ca	\$71.00

\*All rental categories are subject to an additional \$30.50/hour for each additional lifeguard needed



# POOL RULES AND GUIDELINES

## Parent & Tot

This time is designated for adults to bring their young children to calm playtime in shallow water.

## Family Swim

Bring your family swimming during our Family Swim times! All children (0-17) must be accompanied by an adult (18+) into the water, no exceptions. Note that during Family/Lane Swim, the diving board and rope are not open.

## Public Swim

Everyone is welcome! Children under 8 years of age must be accompanied into the water and within arms' by a responsible person 14 years of age or older. Children 8 years of age and older can swim without parental supervision. Note that children of any age may still be asked to complete a swim test at the discretion of our lifeguards.

## Adult & Senior Swim

Looking for a more calm swim time? Come and water walk or swim some lengths in two triple lanes during our Adult & Senior Swim. Note that Preschool lessons may occur in the beach area during these times.

## Parent to Child Ratios

Children under the age of 8 years require 1 adult to be within arms' reach at all times for every 4 children. Family Swims and Private Rentals require 1 adult for every 10 children 8-17 years.

## Bather Safety Guidelines

- No street shoes may be worn past the boot room area.
- Children under 8 years of age must be actively supervised and within arms' reach of a responsible person 14+ years of age at all times.
- Patrons must take a cleansing shower before entering the pool.
- Proper swim attire must be worn at all times (no cut-off jeans, white t-shirts, unclean clothes, etc)
- Young children (35 months and under), and anyone who is incontinent must wear protective, water resistant swimwear (available for purchase at the front desk) in order to minimize the possibility of contamination.
- No pets are allowed onto the premises, except for seeing eye dogs or other service animals used to assist persons with disabilities.
- Diving in the shallow end is not permitted.
- Roughhousing or putting other swimmers at risk is not permitted.
- Spitting, or otherwise polluting the water is prohibited.
- No glass containers of any kind are permitted in barefoot areas.
- Foul language and other disrespectful behavior is not permitted and are grounds for expulsion from the facility.
- Any persons with diarrhea or a history of diarrhea over the previous two weeks must not use the facility.
- No chewing gum in changerooms, on deck, or in the water.
- Persons under the influence are not allowed inside the facility.
- Food must be consumed within designated areas only.

## Refund Policy

All refund/credit requests are subject to a \$10 cancellation fee unless a doctor's note is provided. All refund/credit requests must be received at least 2 weeks in advance of the program start date, otherwise a refund/credit will not be issued. Please allow up to 10 days for refunds processed online, and 6 weeks for refunds processed on paper. Goggles and other retail items are not refundable.

PEACE RIVER'S MOST POPULAR FACILITY  
**THE PEACE REGIONAL POOL**



**FREE SWIM EVENTS  
KIDS PARTY ROOM  
PRIVATE RENTALS**

**CALL US TO  
BOOK YOUR  
NEXT SWIMMING  
EXPERIENCE!**

**780-624-3720**



# Lifesaving Courses

## Intermediate First Aid with CPR Level C & AED

A comprehensive two-day course offering First Aid, cardiopulmonary resuscitation (CPR), and AED skills for those who need training. It is a prerequisite for lifeguarding courses, but is also workplace certified!

Full Course Dates	Full Course Times
January 24-25	9:00-5:00pm
Recert Dates	Recert Times
September 28 February 7	9:00-5:00pm

## Bronze Star

This course develops swimming proficiency, lifesaving skills, and personal fitness. Candidates refine their strokes, acquire self-rescue skills, and apply fitness principles to workouts. Bronze Star is a fun but optional introduction to lifesaving.

Prerequisite: Swim Patrol or JLC experience

Not running in Fall & Winter 2025/2026 season
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## Bronze Medallion

This course challenges candidates both physically and mentally. Judgement, knowledge, skill, and fitness form the basis of Bronze Medallion training. Candidates acquire the assessment and problem-solving skills needed to succeed.

Prerequisites: 13+ years old or completed Bronze Star, and IFA w/ CPR C & AED

November 8, 9, 10	9:00-4:00pm
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## Bronze Cross

This course begins the transition from lifesaving to lifeguarding and prepares candidates for responsibilities as assistant lifeguards. Candidates strengthen and expand their lifesaving skills, while learning the principles and techniques of active surveillance in aquatic facilities.

Prerequisites: Bronze Medallion and IFA w/ CPR C & AED

November 25, 27, 29, 30	4:00-9:00pm (25, 27) 9:00-4:00pm (29, 30)
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## National Lifeguard (NL)

The National Lifeguard program develops the basic lifeguarding skills, principles, and decision making process to help lifeguards evaluate and adapt to various aquatic facilities and emergencies.

Prerequisites: 15+ years old, IFA w/ CPR C & AED, Bronze Cross

Full Course Dates	Full Course Times
December 2-16 Tues/Thurs/Sat	4:00-9:00pm (2, 4, 9, 11, 16) 9:00-4:00pm (6, 13)

## Swim Instructor (LSSI) + SwimAbilities Instructor (SAI)

Swim instructors are responsible for teaching and evaluating participants of the Swim For Life and Canadian Swim Patrol programs. SwimAbilities Instructor is offered in tandem to prepare instructors to teach participants with specialized needs and supports. These courses prepare instructors to apply leadership competencies while teaching and evaluating.

Prerequisites: 15+ years old, IFA w/ CPR C & AED, Bronze Cross

Recert Dates	Recert Times
March 28	8:00-1:00pm



**Flexible hours, competitive wages, and a wonderful and supportive work environment.**  
**Lifeguarding is also the perfect part-time job for students or the stay-at-home parent!**  
**Ask us how you can become part of our team!**

## Contact us!



(780) 624-3720



@Peace\_Regional\_Pool



pool@peaceriver.ca



peaceriver.ca/pool



# Adult Classes

## Scared Stiff

For those who are "scared stiff", this course fosters the basic knowledge, skills, and attitudes needed to stay safe in and around the water. Classes are designed to develop a swimmer's confidence in the water with basic flotation, movement, and breathing skills.

### Adult 1

This course is a great starting point for swimmers already comfortable in the water looking to begin and develop their strokes. You'll work towards a 10-15m swim on your front and back.

### Adult 2

Kick it up a notch in Adult 2 with interval training workouts of 4 x 25m kicking and front/back crawl. You'll be able to perform dive entries, demonstrate breaststroke arms, and breaststroke breathing for 10-15m while gaining confidence!

### Adult 3

No sweat (or at least none that anyone can see)! In Adult 3, you'll have the opportunity to learn eggbeater, stride entries, and compact jumps. You'll master front crawl, back crawl, and breaststroke.

### Fitness Swimmer (Adult Swim Club)

New name, same club! Formerly known as Adult Swim Club, Fitness Swimmer is for advanced swimmers looking for advanced workouts and further stroke development.

**[For ages 14 and up]**

Tuesdays & Thursdays 6:00-7:00pm	
October 30-November 27 <b>No lessons Nov 11</b>	Scared Stiff/Adult 1 Adult 2/3 Fitness Swimmer
January 6-29	Scared Stiff/Adult 1 Adult 2/3 Fitness Swimmer
February 3-26	Scared Stiff/Adult 1 Adult 2/3 Fitness Swimmer
March 3-26	Scared Stiff/Adult 1 Fitness Swimmer

## Aqua Aerobics & Aqua Zumba

**No registration necessary!** Drop in during designated times for an instructor-led fitness hour! Exercises and workout intensity may vary between instructors. See pool schedule for times.

# Additional Classes and Courses

## Private Lessons

Private lessons are available for \$56.10/hour, and are intended to assist in the improvement of specific strokes, skills, and general in-water comfort in a 1-on-1 environment. Private lessons are not intended to be a fast-track to our regularly scheduled lessons.

Inquire at the front desk or at [pool@peaceriver.ca](mailto:pool@peaceriver.ca)

## Babysitting Courses

Learn the basics of babysitting, how to prevent accidents, and basic First Aid training. This course is intended for kids 11-13 years of age, but anyone over the age of 11 can register!

## Junior Lifeguard Club (JLC)

Calling all future lifeguards! Junior Lifeguard Club provides an fun and energetic environment for swimmers to beat their personal bests, and to work on their lifesaving skills.

Prerequisite: Swimmer 4 or Swim to Survive Standard



Babysitting Courses	
November 22	10:00-6:00pm
February 28	10:00-6:00pm

Junior Lifeguard Club	
<b>December 2-18</b> Tuesday/Thursday	4:15-5:45pm
<b>March 3-26</b> Tuesday/Thursday	6:00-7:00pm



# Additional Information

Extra Public Swims	
10:00-12:00pm	November 12 Dec 22, 23, 29, 30, 31 January 2, 30 March 5, 6
1:00-3:00pm	November 12 Dec 22, 23, 29, 30, 31 January 2
4:00-5:30pm	Dec 22, 23, 29, 30 January 2 March 5, 6

## The Mackenzie Swim

**February 4 - April 24, 2026**

Swim a portion of the Alexander Mackenzie Historical Route in the comfort of the Peace Regional Pool! Track your Lengths in the binder at the front desk.



Pool Closures	
*additional closures may occur to accommodate hot tub renovations	
October 31, after 6pm	Halloween
December 24-26	Christmas
December 31, after 4pm	New Years Eve
January 1	New Years Day

## Go ahead, rent the pool!

Private rentals are available on select Saturdays and Sundays throughout the year. Perfect for birthdays or other special events. Give us a call to book your next swimming experience!

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No extra guard: 1-30  
1 extra guards: 31-75  
2 extra guards: 76-125  
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**780-624-3720**

see pg.4 for rental rates

## Tea Time Wednesdays

Every Wednesday!  
Starts @9am

Join us for tea, coffee, & snacks in the pool lobby before or after your swim!

Statutory Schedule Days	
-November 11, February 16-	
Parent & Tot / Lane	12:30-1:30pm
Family Swim	1:30-3:30pm
Public Swim	3:30-5:30pm

## 100k Club

Do you like swimming lengths?  
Do you like self-gratification?  
Ever wanted to have your name on a poster?  
Join the 100k Club! Track your lengths at the front desk and do your best to swim 100km by the end of the year!





# Lifejacket Loaner Station

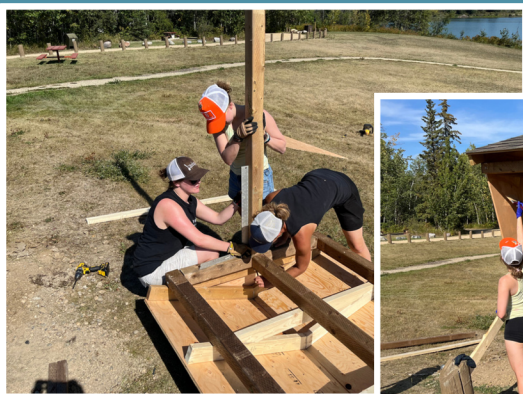


Figure Eight Lake is a popular recreational location for residents of the Peace Region. Following a drowning in 2022, the Lifesaving Society conducted an investigation to find out how the lake could be made safer.

The Lifesaving Society found that while the lake could use more precautionary signage, they also found that Figure Eight Lake would be an excellent location for a Lifejacket Loaner Station!

In August 2025, with the help of Alberta Parks, the Peace Regional Pool staff built a Lifejacket Loaner Station right at Figure Eight Lake! The cost of the station was entirely covered by the Town of Peace River.

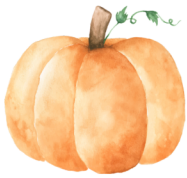
This Lifejacket Loaner Station will operate roughly between the months of May and October of each year, weather permitting, and loans out free lifejackets to swimmers of all ages, including adults.



We are always looking for more lifejackets for the station, particularly those rated for 90+ lbs - new or gently used lifejackets can be brought to the Peace Regional Pool!

**Kids don't float!**  
**Borrow & Return**

Does the station need attention? Let us know at [pool@peaceriver.ca](mailto:pool@peaceriver.ca)



# PEACE REGIONAL POOL

Effective Reopening TBD - December 20, 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Rentals	Earlybird 6:30-8:00	Closed	Earlybird 6:30-8:00	Closed	Earlybird 6:30-8:00	Closed
	Water Walking / Lane / Parent & Tot 8:00-9:00		Water Walking / Lane / Parent & Tot 8:00-9:00		Water Walking / Lane / Parent & Tot 8:00-9:00	
	Aqua Aerobics / Lane / Parent & Tot 9:00-10:00		Aqua Aerobics / Lane / Parent & Tot 9:00-10:00		Aqua Aerobics / Lane / Parent & Tot 9:00-10:00	
	School Rentals 10:00-12:00					Lessons 10:00-12:00
Lane / Parent & Tot 12:30-1:30	Lane / Parent & Tot 12:00-1:00					Lane / Parent & Tot 12:30-1:30
Family Swim 1:30-3:30	School Rentals 1:00-3:00					Family Swim 1:30-3:30
Public Swim 3:30-5:30	Adult & Senior Swim 3:00-4:00	Maintenance 3:00-4:00	Adult & Senior Swim 3:00-4:00	Maintenance 3:00-4:00	Adult & Senior Swim 3:00-4:00	Public Swim 3:30-5:30
Closed	Swim Club 4:00-6:00	Swim Club / Lessons 4:00-6:00	Swim Club 4:00-6:00	Swim Club / Lessons 4:00-6:00	Swim Club 4:00-6:00	Rentals
	Family / Lane 6:00-7:30	Adult Lessons 6:00-7:00	Family / Lane 6:00-7:30	Adult Lessons 6:00-7:00	Family / Lane 6:00-7:30	
		Aqua Zumba 7:00-8:00		Aqua Zumba 7:00-8:00		
	Public Swim 7:30-8:30	Lane Swim 8:00-9:00	Public Swim 7:30-8:30	Lane Swim 8:00-9:00	Public Swim 7:30-8:30	

**Sponsored Swims** | 6:30-8:30pm | **Nov 10** | The Great Canadian Dollar Store | **Nov 24** | United Floors ...  
| **Dec 15** | Northend Reddi Mart | **Dec 29** | Source Energy Services

**Extra Public Swims** | 10:00-12:00pm | **November 12** | 1:00-3:00pm | **November 12**

**STAT Schedule** | Parent & Tot/Lane 12:30-1:30 | Family Swim 1:30-3:30 | Public Swim 3:30-5:30 | **November 11**





# PEACE REGIONAL POOL

Effective December 21- 27, 2025



Sunday  
21

Monday  
22

Tuesday  
23

Wednesday  
24

Thursday  
25

Friday  
26

Saturday  
27

Rentals

Earlybird  
6:30-8:00

Water Walking /  
Lane / Parent & Tot  
8:00-9:00

Aqua Aerobics /  
Lane / Parent & Tot  
9:00-10:00

Closed

Public Swim  
10:00-12:00

Lane / Parent  
& Tot  
12:30-1:30

Lane / Parent & Tot  
12:00-1:00

Family Swim  
1:30-3:30

Public Swim  
1:00-3:00

Public Swim  
3:30-5:30

Adult &  
Senior Swim  
3:00-4:00

Maintenance  
3:00-4:00

Closed

Public Swim  
4:00-5:30

Public Swim  
4:00-5:30

Family / Lane  
6:00-7:30

Youth Swim\*  
6:00-7:30

Public Swim  
7:30-8:30

Lane Swim  
8:00-9:00



Closed

Closed

Closed

Closed

Lane / Parent  
& Tot  
12:30-1:30

Family Swim  
1:30-3:30

Public Swim  
3:30-5:30

Closed



## Youth Swim\*

Kids 8-17 can come swimming to play in-water basketball, and run on the water-walkway!

*Merry Christmas from the  
Peace Regional Pool!*



# PEACE REGIONAL POOL

Effective December 29 - January 4, 2026



Sunday 28	Monday 29	Tuesday 30	Wednesday 31	Thursday 1	Friday 2	Saturday 3
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Closed

Earlybird  
6:30-8:00

Water Walking /  
Lane / Parent & Tot  
8:00-9:00

Aqua Aerobics /  
Lane / Parent & Tot  
9:00-10:00

Public Swim  
10:00-12:00

Closed

Public Swim  
10:00-12:00

Earlybird  
6:30-8:00

Water Walking /  
Lane / Parent & Tot  
8:00-9:00

Aqua Aerobics /  
Lane / Parent & Tot  
9:00-10:00

Public Swim  
10:00-12:00

Closed

Earlybird  
6:30-8:00

Water Walking /  
Lane / Parent & Tot  
8:00-9:00

Aqua Aerobics /  
Lane / Parent & Tot  
9:00-10:00

Public Swim  
10:00-12:00

Closed

Lane / Parent  
& Tot  
12:30-1:30

Lane / Parent  
& Tot  
12:00-1:00

Lane / Parent  
& Tot  
12:00-1:00

Lane / Parent  
& Tot  
12:30-1:30

Family Swim  
1:30-3:30

Public Swim  
1:00-3:00

Public Swim  
1:00-3:00

Family Swim  
1:30-3:30

Public Swim  
3:30-5:30

Adult &  
Senior Swim  
3:00-4:00

Maintenance  
3:00-4:00

Adult &  
Senior Swim  
3:00-4:00

Adult &  
Senior Swim  
3:00-4:00

Public Swim  
3:30-5:30

Closed

Public Swim  
4:00-5:30

Public Swim  
4:00-5:30

Family / Lane  
6:00-7:30

Turkey Burner\*  
6:00-8:00

Closed

Public Swim  
7:30-8:30

Lane Swim  
8:00-9:00

Public Swim  
4:00-5:30

Family / Lane  
6:00-7:30

Public Swim  
7:30-8:30

Closed

## Turkey Burner\*

Eat a bit too much turkey at Christmas?  
Come swim it off with an instructor-led lane swim!

*Happy New Year from the  
Peace Regional Pool!*

# PEACE REGIONAL POOL

Effective Jan 4 - April 30, 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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Rentals

Earlybird  
6:30-8:00

Water Walking /  
Lane / Parent & Tot  
8:00-9:00

Aqua Aerobics /  
Lane / Parent & Tot  
9:00-10:00

Closed

Earlybird  
6:30-8:00

Water Walking /  
Lane / Parent & Tot  
8:00-9:00

Aqua Aerobics /  
Lane / Parent & Tot  
9:00-10:00

Closed

Earlybird  
6:30-8:00

Water Walking /  
Lane / Parent & Tot  
8:00-9:00

Aqua Aerobics /  
Lane / Parent & Tot  
9:00-10:00

Closed

School Rentals  
10:00-12:00

Lessons  
10:00-12:00

Lane / Parent  
& Tot  
12:30-1:30

Lane / Parent & Tot  
12:00-1:00

Lane / Parent  
& Tot  
12:30-1:30

Family Swim  
1:30-3:30

School Rentals  
1:00-3:00

Family Swim  
1:30-3:30

Public Swim  
3:30-5:30

Adult &  
Senior Swim  
3:00-4:00

Maintenance  
3:00-4:00

Adult &  
Senior Swim  
3:00-4:00

Maintenance  
3:00-4:00

Adult &  
Senior Swim  
3:00-4:00

Public Swim  
3:30-5:30

Closed

Swim Club  
4:00-6:00

Family / Lane  
6:00-7:30

Public Swim  
7:30-8:30

Swim Club /  
Lessons  
4:00-6:00

Adult Lessons  
6:00-7:00

Aqua Zumba  
7:00-8:00

Lane Swim  
8:00-9:00

Swim Club  
4:00-6:00

Family / Lane  
6:00-7:30

Public Swim  
7:30-8:30

Swim Club /  
Lessons  
4:00-6:00

Adult Lessons  
6:00-7:00

Aqua Zumba  
7:00-8:00

Lane Swim  
8:00-9:00

Swim Club  
4:00-6:00

Family / Lane  
6:00-7:30

Public Swim  
7:30-8:30

Rentals

**Sponsored Swims** | 6:30-8:30pm | Last Monday of each month - sponsor inquires can be sent to [pool@peaceriver.ca](mailto:pool@peaceriver.ca)  
**Extra Public Swims** | 10:00-12:00pm | **January 30, March 5, 6** | 1:00-3:00pm | **March 5, 6**  
**STAT Schedule** | Parent & Tot/Lane 12:30-1:30 | Family Swim 1:30-3:30 | Public Swim 3:30-5:30 | **February 16**

## PARENTED SWIMMING LESSONS

AGES 4 MONTHS - 3 YEARS

[FALL SEASON]



### Parent & Tot

1

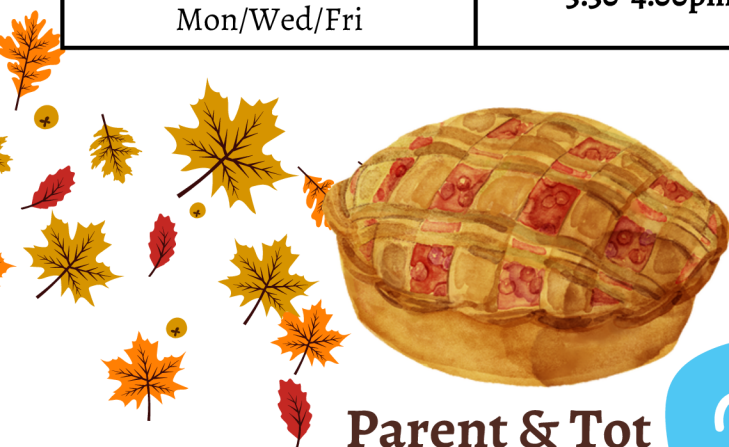
Dates	Times
<b>November 3-12</b> Monday/Wednesday	3:00-3:30pm
<b>December 10-17</b> Mon/Wed/Fri	3:30-4:00pm



### Parent & Tot

3

Dates	Times
<b>Nov 22 - Dec 13</b> Saturdays	10:00-10:30am
<b>December 1-8</b> Mon/Wed/Fri	3:30-4:00pm



### Parent & Tot

2

Dates	Times
<b>Oct 25 - Nov 15</b> Saturdays	10:00-10:30am
<b>November 17-26</b> Monday/Wednesday	3:00-3:30pm

### IMPORTANT:

Program times, dates and details are subject to change without notice. For up to date information on any of these programs, please phone the Peace Regional Pool. Thank you.

**Parent & Tot 1**      4– 12 Months  
**Parent & Tot 2**      12– 24 Months  
**Parent & Tot 3**      2– 3 Years

### PARENTED LESSONS ARE AGE SPECIFIC

Each session contains four lessons with an instructor as well as a 3-use swim pass to use to bring your child to the pool and practice.

You can now register and pay online for all our courses! Simply go to [www.peaceriver.ca/registration](http://www.peaceriver.ca/registration). Give us a call if you need any assistance with registering online.



PRESCHOOL SWIMMING LESSONS  
AGES 3-5 YEARS OLD



Preschool

1

Dates	Times
Oct 25 - Dec 13 Saturdays	10:45-11:15am
Oct 30 - Nov 27 Tuesday/Thursday	4:00-4:30pm <b>No lesson Nov 11</b>
December 1-17 Mon/Wed/Fri	3:00-3:30pm

[FALL SESSIONS]

All *Preschool* lessons are based on skills and abilities. In order to advance, the child must successfully complete the previous level

2

Preschool

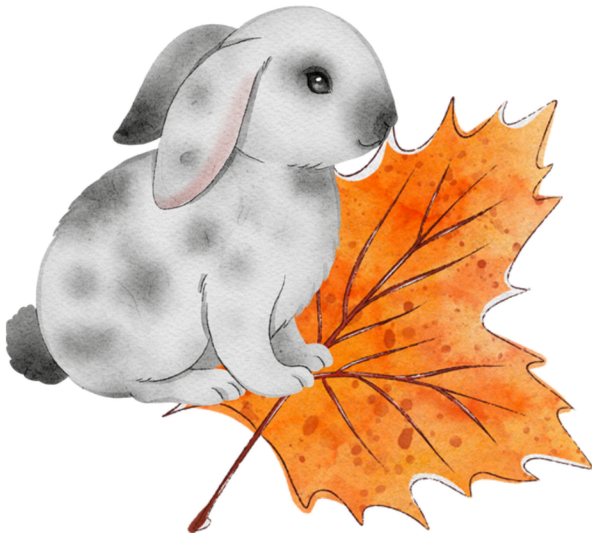
Dates	Times
Oct 25 - Dec 13 Saturdays	11:30-12:00pm
November 3-26 Monday/Wednesday	3:30-4:00pm

Preschool

3

IMPORTANT:

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Contact us!

 (780) 624-3720     @Peace\_Regional\_Pool  
 pool@peaceriver.ca     peaceriver.ca/pool

4

Preschool

Dates	Times
Oct 30 - Nov 27 Tuesday/Thursday	4:45-5:15pm <b>No lesson Nov 11</b>

Preschool

5



## SWIMMING LESSONS AGES 5 YEARS AND UP

### Swimmer

1

Dates	Times
Oct 25 - Dec 13 Saturdays	10:00-10:40am
Oct 25 - Dec 13 Saturdays	11:10-11:50am
Oct 30 - Nov 27 Tuesday/Thursday	4:00-4:40pm <b>No Lesson Nov 11</b>



### Swimmer

2

Dates	Times
Oct 25 - Dec 13 Saturdays	10:35-11:15am
Oct 25 - Dec 13 Saturdays	11:20-12:00pm
Oct 30 - Nov 27 Tuesday/Thursday	5:20-6:00pm <b>No Lesson Nov 11</b>

### IMPORTANT:

Program times, dates and details are subject to change without notice. For up to date information on any of these programs, please phone the Peace Regional Pool.  
Thank you.

## [FALL SESSIONS]

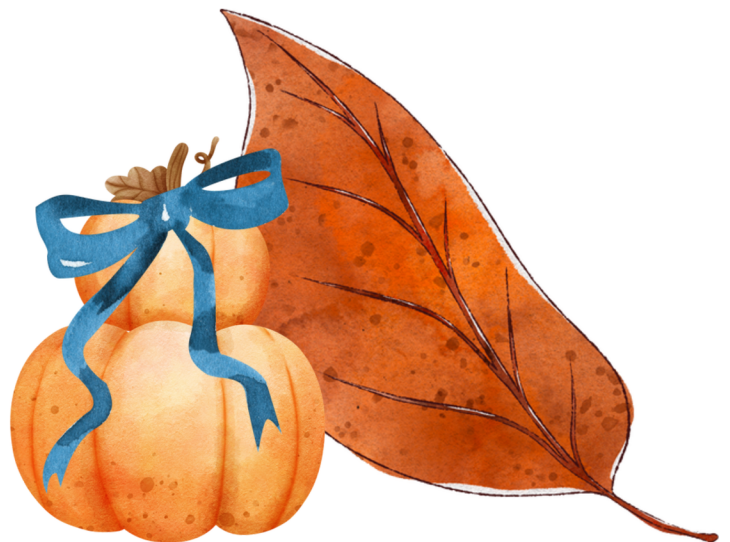
All *Swimmer* lessons are based on skills and abilities. In order to advance, the child must successfully complete the previous level.



### Swimmer

3

Dates	Times
Oct 25 - Dec 13 Saturdays	10:00-10:40am
Oct 30 - Nov 27 Tuesday/Thursday	5:20-6:00pm <b>No lesson Nov 11</b>



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## LESSONS CONTINUED AGES 5 YEARS AND UP

### Swimmer

4

Dates	Times
Oct 25 - Dec 13 Saturdays	10:45-11:25am
Oct 30 - Nov 27 Tuesday/Thursday	4:35-5:15pm <b>No lesson Nov 11</b>

## [FALL SESSIONS]

Withdrawals must be made with 2 weeks' notice to receive a refund or credit

See our Refund Policy on [page 5](#) for more details

5

### Swimmer

Dates	Times
Oct 25 - Dec 13 Saturdays	11:20-12:00pm

6

### Swimmer

### Swim Patrol

Dates	Times
Oct 25 - Dec 13 Saturdays	10:00-11:00am
<b>Rookie, Ranger, and Star Patrol are offered together under one class - Swim Patrol!</b> Bring your previous <u>Swim Patrol</u> progress chart to the first day of class so your instructor can track your progress throughout Rookie, Ranger, and Star Patrol!	

Has your child completed Swimmer 6 and is wondering what the next step is?

Register them into the Swim Patrol program to fine tune their strokes and help them to succeed in the Bronze programs!

### Contact us!



(780) 624-3720



@Peace\_Regional\_Pool



pool@peaceriver.ca



peaceriver.ca/pool





PARENTED SWIMMING LESSONS  
AGES 4 MONTHS - 3 YEARS

[WINTER SESSIONS]

Parent & Tot

1

Dates	Times
February 2-11 Monday/Wednesdays	3:30-4:00pm
March 18-30 Mondays/Wednesdays	3:30-4:00pm



Parent & Tot

3

Dates	Times
January 5-14 Mondays/Wednesdays	3:00-3:30pm
Feb 7 - Mar 7 Saturdays	10:00-10:30am <b>No lessons Feb 14</b>
March 4-16 Mondays/Wednesdays	3:30-4:00pm



Parent & Tot

2

Dates	Times
January 10-31 Saturdays	10:00-10:30am
January 19-28 Mondays/Wednesdays	3:00-3:30pm
Feb 18 - Mar 2 Mondays/Wednesdays	3:30-4:00pm



- Parent & Tot 1 4- 12 Months
- Parent & Tot 2 12- 24 Months
- Parent & Tot 3 2- 3 Years

PARENTED LESSONS ARE AGE SPECIFIC

Each session contains four lessons with an instructor as well as a 3-use swim pass to use to bring your child to the pool and practice.

Contact us!

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- pool@peaceriver.ca
- @Peace\_Regional\_Pool
- peaceriver.ca/pool

IMPORTANT:

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PRESCHOOL SWIMMING LESSONS

AGES 3-5 YEARS OLD



[WINTER SESSIONS]

1

Preschool

Dates	Times
January 6-29 Tuesday/Thursday	4:45-5:15pm
Jan 10 - Mar 7 Saturdays	10:45-11:15am <b>No lesson Feb 14</b>
Feb 2 - Mar 2 Mondays/Wednesday	3:00-3:30pm <b>No lesson Feb 16</b>
February 3-26 Tuesday/Thursday	5:30-6:00pm
March 3-26 Tuesday/Thursday	5:30-6:00pm

All *Preschool* lessons are based on skills and abilities. In order to advance, the child must successfully complete the previous level



IMPORTANT:

Program times, dates and details are subject to change without notice. For up to date information on any of these programs, please phone the Peace Regional Pool. Thank you.

2

Preschool

Dates	Times
January 5-28 Mondays/Wednesday	3:30-4:00pm
January 6-29 Tuesday/Thursday	4:00-4:30pm
March 3-26 Tuesday/Thursday	4:00-4:30pm
March 4-30 Mondays/Wednesday	3:00-3:30pm

3

4

Preschool

Dates	Times
Jan 10 - Mar 7 Saturdays	11:30-12:00pm <b>No lessons Feb 14</b>

Preschool

5



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SWIMMING LESSONS  
AGES 5 YEARS OLD and up



Swimmer

2

[WINTER SESSIONS]



Swimmer

1

Dates	Times
January 6-29 Tuesday/Thursday	5:20-6:00pm
Jan 10 - Mar 7 Saturdays	10:00-10:40am <b>No lessons Feb 14</b>
Jan 10 - Mar 7 Saturdays	11:20-12:00pm <b>No lessons Feb 14</b>
February 3-26 Tuesday/Thursday	4:00-4:40pm
March 3-26 Tuesday/Thursday	4:00-4:40pm

Dates	Times
January 6-29 Tuesday/Thursday	4:00-4:40pm
Jan 10 - Mar 7 Saturdays	10:35-11:15am <b>No lessons Feb 14</b>
Jan 10 - Mar 7 Saturdays	11:10-11:50am <b>No lessons Feb 14</b>
February 3-26 Tuesday/Thursday	4:45-5:25pm
March 3-26 Tuesday/Thursday	5:20-6:00pm

IMPORTANT:

Program times, dates and details are subject to change without notice. For up to date information on any of these programs, please phone the Peace Regional Pool. Thank you.

Swimmer

3

Dates	Times
Jan 10 - Mar 7 Saturdays	5:20-6:00pm
Jan 10 - Mar 7 Saturdays	10:45-11:25am <b>No lessons Feb 14</b>
March 3-26 Tuesday/Thursday	4:45-5:25pm

Contact us!

 (780) 624-3720

 pool@peaceriver.ca

 @Peace\_Regional\_Pool

 peaceriver.ca/pool

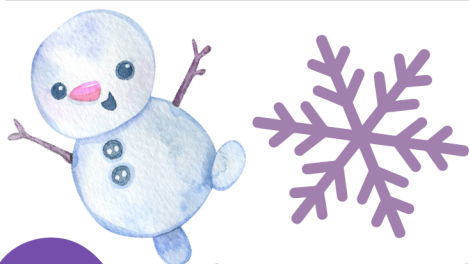


## LESSONS CONTINUED AGES 5 YEARS AND UP

### Swimmer

4

Dates	Times
Jan 10 - Mar 7 Saturdays	10:00-10:40 <b>No lessons Feb 14</b>
February 3-26 Tuesday/Thursday	4:00-4:40pm



5

### Swimmer Swimmer

6

Dates	Times
January 6-29 Tuesday/Thursday	4:35-5:15pm
Jan 10 - Mar 7 Saturdays	11:20-12:00pm <b>No lessons Feb 14</b>
March 3-26 Tuesday/Thursday	4:35-5:15pm



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## [WINTER SESSIONS]

### IMPORTANT:

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### Swim Patrol

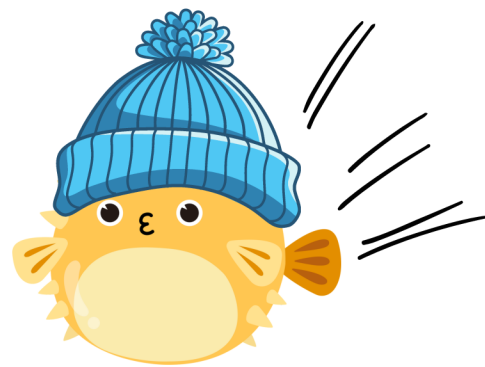


Dates	Times
Jan 10 - Mar 7 Saturdays	10:00-11:00am <b>No lessons Feb 14</b>
February 3-26 Tuesday/Thursday	4:50-5:50pm
<b>Rookie, Ranger, and Star Patrol are offered together under one class - Swim Patrol!</b> Bring your previous <u>Swim Patrol</u> progress chart to the first day of class so your instructor can track your progress throughout Rookie, Ranger, and Star Patrol!	

Has your child completed Swimmer 6 and is wondering what the next step is?

Register them into the Swim Patrol program to fine tune their strokes and help them to succeed in the Bronze programs!





# SECURE

# THANK YOU



for making our Free Swims possible in our  
upcoming Fall 2025 season!

Interested in becoming a sponsor in the future?  
Inquiries can be sent to [pool@peaceriver.ca](mailto:pool@peaceriver.ca)





For more information about our pool programs and services,  
please give us a call at 780-624-3720  
and we will be happy to answer any questions you may have!

Thank you